



The Montgomery County
Executive Isiah Leggett
and
The Montgomery County
Volunteer Center

Proudly Present
Dr. Martin Luther King, Jr.
2015 Day of Service
and Volunteer Fair

Thank You to Our Sponsors and Partners!



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Riderwood • SG Enterprise/Sol Graham • Safeway • The Sanford and Doris Slavin Foundation • Seneca Creek Community Church
Social & Scientific Systems • Trader Joe's • Universities at Shady Grove (USG) • Verizon • Washington Gas •
Washington Suburban Sanitary Commission (WSSC) • Westfield Wheaton



WELCOME

Please Note: Peanuts and peanut butter are on the premises.

If you have any questions, please see one of our volunteers in a neon yellow shirt.

Enclosed you will find a listing of programs, service projects, and agencies to check out throughout the day!

If you are looking for more volunteer opportunities, search our online database.

We are happy to help you search for a perfect match!

Visit: www.montgomeryserves.org or call: 240-777-2600

Pledge I Like I Share @ the PLEDGE PAVILION (Located at Salon C)

Come by and commemorate 2015 MLK Day of Service by making a pledge to serve to make your community—and the country—a better place. Participate in a brief question and answer session about the life of Dr Martin Luther King, Jr. and volunteerism before receiving your pledge card. Then celebrate by taking a picture and uploading it to your social media page.



Pledge

Make a pledge to:

- Commit to give back to the community
- Give unselfishly and unwillingly
- Encourage, mentor, and motivate others to do the same
- Continue the legacy of Dr Martin Luther King, Jr. to serve

Like

Like us on Facebook by searching @MontgomeryCountyVolunteerCenter and Twitter @MontCoVolunteer

Share

We are giving individuals, friends and family, groups, and organizations an opportunity to take a picture at our Event Backdrop. Share your pictures on Facebook, Twitter, Instagram, and your other social media networks and tell everyone how you spent your day, share your pledge to serve, or take pictures for us to share with the community.

HASHTAGS

#Pledge2Serve

#MoCoVolunteerCenter



SERVICE PROJECTS

Please Note: Peanuts and peanut butter are on the premises.

BAG LUNCHESES FOR AREA SHELTERS AND SOUP KITCHENS —Sponsored by Trader Joe’s and led by Alpha Kappa Alpha Sorority, Inc. Theta Omega Omega Chapter

Make 800 peanut butter and jelly sandwiches and pack snacks and drinks for the following shelters and programs in Montgomery County:

Catholic Charities locations: Chase Partnership House Men’s Shelter 301-424-1380, Dorothy Day Shelter 301-907-9597; *Interfaith Works* locations: Becky’s House 301-933-2477, Carroll House Men’s Shelter 301-587-7270, Community Vision 301-585-4471, Watkins Mill House 301-515-8244; Montgomery Avenue Women’s Center 301-984-7765; National Center for Children and Families (Greentree Shelter) 301-365-4480; Shepherd’s Table: 301-585-6463; Stepping Stones Shelter: 301-251-0567; Wells/Robertson House: 301-258-6390. Thanks to Trader Joe’s for their support; this is their first year sponsoring this worthwhile project! Thanks to Erie Insurance employees for delivering the lunches.

*****NOTE: PEANUT BUTTER WILL BE AT THIS PROJECT**

MAKE PARACORD BRACELETS FOR OPERATION GRATITUDE — Sponsored by Bank of America, N.A.

Operation Gratitude annually sends 150,000+ care packages filled with letters, snacks and hand-made items (including paracord bracelets) to Veterans, First Responders, Wounded Warriors, and U.S. Service Members deployed overseas. Their mission is to lift the spirits of our Active Duty and Veteran communities. The bracelets you make can actually save a life! They have been used to hold an IV bag over a wounded soldier or make a splint for a broken arm. While they can be used for emergencies, it's not just about how they're used. Most commanders will allow their troops to wear the bracelets even when in uniform, and that's a rare exception to the uniform policy. Troops tell us that every time they look at that bracelet, they have a feeling of home.

www.operationgratitude.org

WRITE A LETTER OR DRAW A PICTURE TO TELL OUR TROOPS WE CARE!

Operation Gratitude needs your letters and drawings for the care packages sent to deployed Troops and Wounded Warriors. Of all the items in these packages, the most cherished are the personal letters of appreciation. www.operationgratitude.com

“SNOW DAY BOXES” for Meals on Wheels — Co-sponsored by Montgomery County Senior Nutrition Program and Riderwood Village

Pack food boxes for clients to have on snow days when food delivery is not available. Meals on Wheels is a volunteer-based program - volunteers deliver food every weekday to homebound seniors and adults with disabilities. For volunteer information, contact your local program:

Bethesda Chevy Chase (301-654-4610) ; Germantown (301-706-0262); Central Maryland (1-877-730-9476); Jewish Social Service Agency (301-881-3700); Colesville (301-384-7440); Rockville (301-340-1559); Damascus (301-414-5447); Takoma Park (301-434-1922); Gaithersburg (301-216-4200); Wheaton (301-942-1111)

HAVE CHEER DELIVERED with Meals on Wheels

Decorate paper lunch bags that are used for lunch delivery to clients in the Meals on Wheels program. Meals on Wheels is a volunteer-based program - volunteers deliver food every weekday to homebound seniors and adults with disabilities. Clients love getting brightly decorated lunch bags so let your inner artist out! See contact information above.

PERSONAL CARE KITS for area homeless with the Tri-Sigma Chapter of Phi Beta Sigma, Inc

Help those in need by assembling kits filled with items such as soap, shampoo, and toothpaste. These kits will be distributed to area homeless by the Brothers of Phi Beta Sigma. Phi Beta Sigma Fraternity was founded at Howard University in Washington, D.C., on January 9, 1914, the Fraternity motto is “Culture For Service and Service For Humanity.”

VALENTINE'S DAY CARDS FOR SENIORS for the Holiday Project

Let your imagination run free by making Valentine's Day cards for seniors. The Holiday Project of the National Capital Area will deliver the cards to seniors in nursing homes and hospitals. The mission of the Holiday Project is to provide holiday cheer to seniors through conversation and companionship. www.holidayproject.org or 703-370-0370

SWAB A CHEEK, SAVE A LIFE

Learn more about becoming a bone marrow donor and provide a cheek swab to see if you are a match to someone in need! The goal: to ensure that everyone who needs a bone marrow transplant will have an equal opportunity to find a matching donor. Learn more about becoming a bone marrow donor www.swabacheek.org or 561-982-2919

NO-SEW FLEECE BLANKET AND SCARVES PROJECT for Montgomery Hospice

Volunteers will create no-sew fleece blankets and scarves for patients and family members of Montgomery Hospice. Montgomery Hospice gentles the journey through serious illness and loss with skill and compassion. They provide compassionate care that addresses the unique physical, emotional and spiritual needs of people with life-limiting illness, their loved ones and the bereaved. www.montgomeryhospice.org or 301-921-4400

BREAST CANCER AWARENESS RIBBONS with For 3 Sisters

Make pink breast cancer awareness ribbons to help inspire survivors and fighters of breast cancer. Ribbons will be distributed by For 3 Sisters, an organization that addresses the needs of breast cancer warriors, survivors and their families that are unmet by other organizations - such as resource needs and emotional support and encouragement. www.for3sisters.com

FORTUNE TELLER FOR THOUGHTFUL TREASURES PROGRAM at the Children's Inn at NIH

Put your creative skills to work and fold and fill fortune tellers with cute and wacky fortunes that will make the children at the Children's Inn laugh and smile. Each day, children at the Inn receive a special "treasure" in their mailbox to brighten their lives! Sponsored by MoverMoms, a non-profit agency that promotes family-friendly volunteerism. www.movermoms.org or 301-320-8836. The Children's Inn at NIH is a residential "place like home" for sick children and their families. www.childrensinn.org or 301-496-5672

RUBBER BAND BALLS for the Children's Inn at NIH

Create colorful rubber band balls for children who are staying at NIH Children's Inn that will be distributed through their Thoughtful Treasures program. Each day, children at the Inn receive a special "treasure" in their mailbox to brighten their lives! Sponsored by the Montgomery County Muslim Foundation that is dedicated to encouraging and promoting the resident Muslim community's involvement and interests in the county by providing meaningful interaction between the resident Muslim community and the larger Montgomery County community. www.mcmfusa.org or 301-760-7447. The Children's Inn at the National Institutes of Health is a residential "place like home" for sick children and their families. www.childrensinn.org or 301-496-5672

MESSAGE BUTTONS with KID Museum

Make buttons that say how you will help the world, how volunteering helps our community, or how you will make the world a better place. Then wear your button to share your message with others. KID Museum seeks to inspire children to become innovative, caring, global citizens of the future by cultivating "the Cs": creativity, curiosity and compassion. They strive to enable children to become inquisitive and empathetic leaders of tomorrow. www.kid-museum.org

CREATE CERTIFICATE HOLDERS AND ASSEMBLE FAVORS for Volunteer Appreciation Event

Decorate certificate holders with inspirational quotes about the value of volunteers and assemble CMR pins with red ribbons to Thank you cards that will be given to CMR's volunteers at their Volunteer Appreciation event. Community Ministries of Rockville (CMR) seeks to improve the quality of life for the most vulnerable of Montgomery County residents. They have 6 programs: Kase-man Health Clinic, Rockville Emergency Assistance Program (REAP), Jefferson House, Language Outreach Program (LOP), Elderly Ministries, and Holiday Giving. www.cmrocks.org or 301-637-0730

BE A PEN PAL FOR A DAY with Mpambara-Cox Foundation

Write pen pal letters to children in Uganda with the Mpambara-Cox Foundation. Their mission is based on the belief that education and global understanding are the keys to solving poverty and to improving our shared world. They help government-aided schools in Kabale, Uganda. www.mcoxfoundation.org

SKYPE WITH STUDENTS IN UGANDA with Mpambara-Cox Foundation

Chat with kids in Uganda with the Mpambara-Cox Foundation. Their mission is based on the belief that education and global understanding are the keys to solving poverty and to improving our shared world. They help government-aided schools in Kabale, Uganda. www.mcoxfoundation.org

ASSEMBLE CLIENT FILE FOLDERS AND STUFF ENVELOPES for Housing Initiative Partnership

Construct client files for the organization's foreclosure prevention program and pack mailings filled with information about Housing Initiative Partnership. Housing Initiative Partnership provides free foreclosure prevention counseling to families experiencing financial hardships and having difficulties making their regular mortgage payments. www.hiphomes.org or 301-699-3835

PREPARE CRAFTS for Waste Reduction and Recycling Programs

Help the Montgomery County Division of Solid Waste Services do preparation work for crafts they use during their Waste Reduction and Recycling Programs. Montgomery County Division of Solid Waste Services encourages environmental stewardship through its public outreach on waste prevention, reuse and recycling. www.montgomerycountymd.gov/recycling Call 311 (within Montgomery County) or 240-777-0311 (outside Montgomery County).

CREATE PATRIOTIC RUBBER BAND BRACELETS for Families who visit Veterans in the Hospital

Alpha Kappa Alpha Sorority, Inc. Theta Omega Omega Chapter will be leading this project to make patriotic rubber band bracelets that will be distributed to families visiting their loved-ones at the veterans hospitals. For more on Alpha Kappa Alpha Sorority, visit www.aka-too.org

MAKE PET TOYS for the Montgomery County Animal Services and Adoption Center

Help the Montgomery County Animal Services and Adoption Center make guest cats and dogs at the Animal Shelter more comfortable by creating chew and pull toys by braiding fabric and making cat toys. Montgomery County Animal Services and Adoption Center serve and protect all animals and citizens in our community with dedication and compassion. The organization strengthens the human-animal bond through education, humane law enforcement, and by promoting responsible guardianship. www.montgomerycountymd.gov/animalservices/

CREATE A PIE CHART for NAMI MC

Create a eight piece pie chart that depicts how mental illness has affected our lives and the lives of others. The National Association on Mental Illness, Montgomery County provides information, education, and support for people who live with mental illness, their families and caregivers. www.namimc.org or 301-949-5852

ASSEMBLE BEDTIME KITS for Children at Interfaith Works

Make bedtime kits for low-income county children who are served by Interfaith Works. Kits will include no-sew fleece blankets and pillows, and color bookmarks to create bedtime kits that will include books for children. Sponsored by Girl Scout Troup 3413. Interfaith Works meets the needs of the poor and homeless in Montgomery County, Maryland. Our programs shelter, clothe, and feed our neighbors in need and provide supportive services with the goal of helping them achieve self-sufficiency. www.iworksmc.org or 301-762-8682

CROCHET SQUARES for Blankets for People in Need

Volunteers will crochet squares that will be put together for blankets that will be given to individuals and families in need through Warm Up America. Warm Up America distributes warm afghans, caps and other items to tens of thousands of people.

www.warmupamerica.org

PACK PERSONAL CARE BAGS for Children in Children's Protective Services

Join The Commission on Children and Youth in packing bags with basic necessities to hand out to children with Child Welfare Services in out-of-home placement so the children are not transporting their belongings in a trash bag or a book bag. Child Welfare Services protects children and preserves families through screening and assessment, community education, family preservation, continuing protective services, foster care, kinship care, adoption, and foster and adoptive parents services. For the Commission on Children and Youth contact mary.gies@montgomerycountymd.gov

CREATE BEADED BRACELETS for Veterans Women's Event

The People Helping People Foundation will be leading this project beading red, white and blue bracelets for a "Ladies Night" that's being held for women veterans. People Helping People assists families in achieving peace of mind, knowing that their Last Will and Testament is accomplished and on record to carry out their desired plans. 571-334-0739

ASSEMBLE SNACK BAGS for Children in Foster Care

Decorate bags and pack them with snacks for Montgomery County Foster and Adoptive Parent Services. These snack bags will be given to children when they first enter into foster care. Montgomery County Foster and Adoptive Parent Services licenses and supports foster families who care for children who have experienced abuse and neglect and had to be placed in foster care.

www.montgomerycountymd.gov/kidsneedyou or 240-777-1664

CREATE "Someone Cares" CARDS for Love In Action Event

Join Julie's Love in creating "Someone Cares" cards for Love In Action, a day of free services and fun designed to uplift Montgomery County's underprivileged and homeless residents. Julie's Love seeks to eradicate poverty by empowering families and individuals with services that enhance individual and social responsibility, promote education and affirm positive environments

www.juliesfoodpantry.org or 301-850-0240

CREATE AND PARTICIPATE IN A VOLUNTEERISM AND CORE VALUES EDUCATION GAME

Create a giant shoots and ladders game that will educate children on the importance of volunteering. Habonim Dror is a worldwide youth movement that teaches core values including justice, equality, and volunteerism. www.campmosh.org or 410-893-7006

SORT AND ORGANIZE for a Women's Shelter

Help the Montgomery Avenue Women's Center sort and organize documents. Montgomery Avenue Women's Center (MAWC) is the only daytime center that provides services exclusively for homeless women in Montgomery County Maryland.

www.mawctr.info or 301-257-5180

PARTICIPATE IN FRIENDSHIP EXCHANGE with Children from Niger's Azawak Region

Participate in a "Friendship Exchange" with children in Niger's water-scarce Azawak region. Make a bracelet and a card for our team to deliver to a child in the Azawak. In exchange, receive a photo and a drawing made by a child who lives in one of our villages. Amman Imman: Water is Life (www.ammanimman.org) is dedicated to empowering and preserving Africa's most vulnerable indigenous peoples. The "Friendship Exchange" activity is part of our Wells of Love program which engages students around the world as socially conscious leaders who reach out to our African communities in friendship, compassion and philanthropy. Join our annual spring event, "A Walk for Water" where you can earn SSL credit while saving and improving lives in the Azawak. Call 240-418-1143, email info@ammanimman.org, or visit www.ammanimman.org/walk.

“ME-WE” PROJECT WITH Center for an American Dream

Color foot and hand cutouts and write ideas of how you can reduce your carbon footprint by sharing resources or make connections and share with people in your community. Attach your cutout to a mural that will be created by all the attendees. The Center for a New American Dream helps Americans to reduce and shift their consumption to improve quality of life, protect the environment, and promote social justice. www.newdream.org or 301-891-3683

WRITE LETTERS AND CARDS OF SUPPORT TO ORPHANS OF EBOLA VIRUS

Write letters and cards of support, encouragement and solidarity to the Orphans of the Ebola virus in the impacted regions of West Africa. These letters and cards will be distributed via the Faith based Organizations on the ground in the regions. ISWA www.iswamd.org or 301-879-0930

CREATE BOTTLE BRICKS WITH RECYCLING MATERIALS

Create bottle bricks. What are bottle bricks? They are eco-friendly building material made from empty plastic bottles stuffed with recycled plastic and paper materials until dense and hard, like a brick. This service project is good for all ages. Bottle bricks were used to build a picnic bench in Black Hill Regional Park by a large volunteer effort completed earlier this fall. So What Else is a grass-roots service not-for-profit organization, whose mission is to serve our community, providing a more livable and peaceful existence for our children in the greatest capacity possible. www.sowhatelse.org or 240-602-0486.

HOME MADE WRAPPING PAPER FOR YOUTH GIFTS AND MORE

Create homemade wrapping paper to donate to Cradles to Crayons used to wrap holiday gifts, birthday gifts, and more for the children they serve from the ages of birth through age 12 living in homeless or low-income situations with the essential items they need to thrive - at home, at school and at play. Spark the Wave develops educational programs that empower, train, and mentor the next generation of leaders who will impact the world through a lifelong commitment to community service. www.sparkthewave.org or 202-294-6366

FLOWER BOUQUETS AND CRAFTY PEACE AND LOVE KEY CHAINS

Create flower bouquets and crafty key chains. They are making tissue flower bouquets for assisted living homes that will be delivered on Valentine's Day and peace and love key chains to give to their youth workshops. Young Women of Society, Inc is a non profit designed to empower young females to understand their self-values, perform as role models and engage in their community. www.ywofsociety.org or 301-404-6900

MINIATURE #1 FOAM FINGERS for Children's Inn at NIH

Decorate miniature #1 foam fingers with inspirational messages for patients at the Children's Inn at NIH. The project is sponsored by Bethesda Big Train, a collegiate summer baseball team based in Bethesda, Maryland. www.bigtrain.org or 301-365-1076

PACK MATERIALS AND GIVEAWAYS FOR COMMUNITY HEALTH PROGRAM

Help pack materials and giveaways for upcoming health-related community events. African American Health Program (AAHP) eliminates health disparities and improve the number and quality of years of life for African Americans and people of African descent in Montgomery County, MD. www.onehealthylife.org 240-777-1833

CREATE NOTECARDS TO BE PLACED IN BUNDLES GIVEN TO AT-RISK INFANTS

Create cheerful note cards to be included in the bundles for babies and moms/caregivers. Baby's Bounty Montgomery County is a 501(c)(3) nonprofit that provides essentials for the safety, health, and well-being of at-risk infants up to six months of age who are born into low-income, homeless, and other disadvantaged situations. www.babysbounty.org or 240-813-8190

CREATE HEALTH AND NUTRITION CARDS

Create health-focused cards with nutrition and healthy lifestyle tips for both adults and children. Community HealthCorps is the largest health-focused, national AmeriCorps program that promotes health care for America's underserved, while developing tomorrow's health care workforce. www.communityhealthcorps.org

BUILD 3D PAPER HABITAT HOUSE

Decorate and put together a small, 3D paper Habitat house in support of affordable housing in Montgomery County. Habitat for Humanity Metro Maryland builds simple, decent, affordable housing for those in our community who are living in substandard conditions. www.habitatmm.org or 301-990-0014

ASSEMBLE INFORMATION KITS

Help assemble information kits for The Historic Button Farm and The Menare Foundation. The Menare Foundation, Inc. is a non-profit organization preserving the legacy of the Underground Railroad. They provide a unique opportunity for service learning, preservation and heritage, environmental stewardship and healthy living. www.menare.org

ASSEMBLE WINTER PACKAGES FOR MEN'S SHELTER

Help assemble winter packages for local men's shelter with St Mary Magdalene Episcopal Church and The Boy Scouts of America. St Mary Magdalene Episcopal Church does a variety of ministries throughout their community. www.stmarymagdalene-md.org or 301-871-7660 and Boy Scouts of Montgomery County www.ncacbsa.org

VOLUNTEER FAIR

Please Note: Peanuts and peanut butter are on the premises.

Alpha Kappa Alpha Sorority

Alpha Kappa Alpha Sorority, Incorporated®, has been providing service to the community for 106 years and Theta Omega Omega Chapter continues to serve the residents of Montgomery County. They work to build stronger communities, by reducing health disparities; supporting displaced veterans; fighting human trafficking; ending poverty and hunger; preserving the environment; coordinating awareness and advocacy campaigns; mentoring young people; assisting youth aging out of the foster care system; and working with children of incarcerated parents. www.aka-too.org

Amman Imman: Water is Life

Amman Imman: Water is Life empowers and preserves Africa's most vulnerable indigenous peoples by offering organic, sustainable development options and emphasizes the role of women as a guiding force for renewed hope, optimism and dignity. www.ammanimman.org or 240-418-1143

American Red Cross

Greater Chesapeake and Potomac Blood Services Region: Fulfills the needs of the American people for the safest, most reliable and cost effective blood services through voluntary donations. www.redcrossblood.org/gcp or 1-800-272-0094 ext 3

BEST Kids

BEST Kids seeks to promote better futures for youth in the District of Columbia's child welfare system by developing and supporting one-on-one mentoring relationships between the youth and caring, consistent adults. www.bestkids.org or 202-397-3272

Circle of Hope Therapeutic Riding

Individualized equine-assisted therapy to individuals with physical, developmental, emotional and mental disabilities. www.CHTR.org or 301-916-2040

Columbia Lighthouse for the Blind

Columbia Lighthouse for the Blind is dedicated to helping the blind or visually impaired population of the greater Washington region overcome the challenges of vision loss. Their work enables people of all ages who are blind or visually impaired to remain independent, active and productive in society. www.clb.org or 301-589-0894

Community Health Corps

Community Health Integrated Partnership (CHIP), a nonprofit Health Center Controlled Network (HCCN) that provides services for quality improvement, operational and clinical management, revenue enhancement, and health information technology (HIT) to its members. www.chipmd.org or 410-761-8100

Conflict Resolution Center of Montgomery County

Provides quality dispute prevention, resolution, and education to individuals and community organizations. www.crcmc.org or call 301-652-0717

Family Services Inc

From newborns to adults, Family Services, Inc. (FSI), a part of the Sheppard Pratt Health System, provides high-quality services to foster health and well-being in the home, school and community. www.fs-inc.org or 301-840-3200

Giving Together Inc

Giving Together includes a group of like-minded, committed women who pool their funds and give their time to help needy families improve their circumstances. www.giving-together.org

Habitat for Humanity Metro Maryland

Builds simple, decent, affordable housing for those in our community who are living in substandard conditions. www.habitatmm.org or 301-990-0014

Hero Dogs

Provides independence and improved quality of life to our nation's veterans by training and placing service dogs with military veterans who became disabled while serving honorably in the U.S. Armed Forces. www.hero-dogs.org or 1-888-570-8653

IMPACT Silver Spring

IMPACT Silver Spring's mission is to build and sustain community-based networks that support people who are creating social, economic, and civic momentum that contributes to inclusive local economies and vibrant communities. www.impactsilverspring.org or 301-298-5117

Interfaith Works

Works to meet the needs of the poor and homeless in Montgomery County. Their programs shelter, clothe, and feed neighbors in need and provide supportive services with the goal of helping them achieve self-sufficiency. www.iworksmc.org or 301-762-8682

interPLAYcompany Band

A stimulating creative and unique approach to music for adults with mental and/or physical disabilities. www.interplayband.org or 301-229-0829

Jewish Foundation for Group Homes

The Jewish Foundation for Group Homes is a nonprofit organization dedicated to enhancing the independence, dignity, choice, and community inclusion of individuals with disabilities, regardless of faith or creed. www.jfgh.org or 240-283-6000

Jubilee Association of Maryland

Jubilee Association of Maryland exists to provide support for adults with intellectual and other developmental disabilities to live in and enrich their community while fulfilling their personal, family, social and spiritual needs. www.jubileemd.org or 301-949-8626

Julie's Love

Julie's Love seeks to eradicate poverty by empowering families and individuals with services that enhance individual and social responsibility, promote education and affirm positive environments. www.juliesfoodpantry.org or 301-850-0240

Manna Food Center

Fights hunger and feeds hope through distribution, education, and advocacy in Montgomery County. www.mannafood.org or 301-424-1130

Meals on Wheels of Montgomery County

Volunteer-run organization that delivers food every weekday to homebound seniors and adults with disabilities. See previous listing in projects section of handout to find your local program. www.mowaa.org or 301-251-8885

Metropolitan Washington Ear

Provides free services for blind, visually impaired, and physically disabled people who cannot effectively read print including dial-in magazine and newspaper reading service. www.washear.org or 301-681-6636

Montgomery Avenue Women's Center

Montgomery Avenue Women's Center (MAWC) is the only daytime center that provides services exclusively for homeless women in Montgomery County Maryland. As humanitarians we devote ourselves to helping the women achieve self-sufficiency and self-satisfactory. www.mawctr.info or (301) 984-7765

Montgomery County Division of Solid Waste Services – Waste Reduction and Recycling Section

The Montgomery County, Maryland Division of Solid Waste Services (DSWS) provides world-class solid waste management for the people living and working in Montgomery County, in an environmentally progressive and economically sound manner, striving to reduce and recycle 70 percent of our waste by 2020. www.montgomerycountymd.gov/recycling or call 3-1-1 or 240-777-0311

Montgomery County Coalition for the Homeless

A leading provider of permanent housing, Safe Havens housing, emergency shelter, and supportive services for homeless and formerly homeless individuals. MCCH programs serve over 1,500 homeless and formerly homeless men, women, and children each year. www.mcch.net or 301-217-0314

Montgomery County Muslim Foundation

Dedicated to encouraging and promoting the resident Muslim community's involvement and interests in the county by providing meaningful interaction between the resident Muslim community and the larger Montgomery County community.

www.mcmfmd.org

Montgomery County Volunteer Center

Promoting a culture of service and volunteerism in Montgomery County. www.montgomeryserves.org or 240-777-2600

Montgomery Hospice

Gentles the journey through serious illness and loss with skill and compassion. Provides compassionate care that addresses the unique physical, emotional and spiritual needs of people with life-limiting illness, their loved ones and the bereaved.

www.montgomeryhospice.org or 301-921-4400

National Association on Mental Illness, Montgomery County (NAMI MC)

Provides information, education, and support for people who live with mental illness, their families and caregivers; enhances and promotes the ability of those impacted by mental illness to be their own best advocate in their daily struggles; advocates through partnerships and coalitions toward legislative action that improves the quality of life for those impacted by mental illness; combats the stigma of mental illness through community outreach and education. www.namimc.org or 301-949-5852

National Center for Children and Families

Creates total, healthy living environments for vulnerable children, youth and families, and the quality of life which empowers their ability to thrive and demonstrate responsibility. www.nccf-cares.org or 301-365-4480

Pain Connection-Chronic Pain Outreach Center, Inc

A non-profit organization that aims to improve the quality of life of those suffering from chronic pain and help them maintain their independence. www.painconnection.org or 301-231-0008

People Helping People Foundation

Assists families in achieving peace of mind, knowing that their Last Will and Testament is accomplished and on record to carry out their desired plans. 571-334-0739

Real Food for Kids – Montgomery

Promotes serving whole, delicious, fresh and nutrient-rich foods in the Montgomery County Public Schools.

www.realfoodforkidsmontgomery.org or 301-202-4812

So What Else

So What Else is a grassroots service not-for-profit organization, whose mission is to serve our community, providing a more livable and peaceful existence for our children in the greatest capacity possible. We use the power of service and charity to strengthen the infrastructure of community. www.sowhatelse.org or 240-602-0486

St Mary Magdalene Episcopal Church

St Mary Magdalene Episcopal Church does a variety of ministries throughout their community. www.stmarymagdalene-md.org or 301-871-7660

The Arc Montgomery County

Identifies, creates and sustains inclusive communities that embrace and engage individuals and families affected by intellectual and developmental disabilities. www.thearcmontgomerycounty.org or 301-984-5777

The Menare Foundation Inc

The Menare Foundation, Inc. is a nonprofit organization preserving the legacy of the Underground Railroad. They provide a unique opportunity for service learning, preservation and heritage, environmental stewardship and healthy living. www.menare.org

The Senior Connection

Provides mobility to seniors by linking older adults to services and resources so they can live as independently as possible while remaining integral members of our community. www.seniorconnectionmc.org or 301-962-0820

Women Who Care Ministries

Helps those who are hungry, homeless, low-income, overcoming substance abuse, victims of domestic violence, or ex-offenders re-entering society. www.womenwhocareministries.org or 301-963-8588

Young Women of Society

Young Women of Society, Inc. is a 501c3 non profit designed to empower young females to understand their self-values, perform as role models and engage in their community. They have workshops that are held every two weeks and consist of hands on activities and take home literature for these young women. www.ywofsociety.org or 301-404-6900

Thank you for volunteering!

Stay connected with the Montgomery County Volunteer Center:



Check out our website: www.montgomeryserves.org
and sign up for our e-newsletter "Montgomery Volunteer"

Or

Give us a call: 240-777-2600

A special thank you to the Tri-Sigma Chapter of Phi Beta Sigma Fraternity for help staffing this event!



A special thank you to the Alpha Kappa Alpha Sorority for help staffing this event!



Go to [ww.montgomeryserves.org](http://www.montgomeryserves.org)

Nominate Extraordinary Volunteers Now for the Montgomery Serves Awards

Nominate friends, family members and colleagues who have demonstrated exemplary community service or volunteerism for service done in 2014.

Applications are being accepted until February 27th.

The Volunteer Center will be accepting nominations for this year's awardees in the following categories:

- Neal Potter Path of Achievement Award (lifetime service by 60+ year old residents)
- Youth Achievement Award (extraordinary volunteerism by residents 18 and under)
- Corporate Award (outstanding volunteerism by a corporation)
- Community Service Award (extraordinary volunteerism by an individual or group)



April 27, 2015

Stay Involved in Days of Service Year Round



April 2015



October 18—25, 2015